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YARAN IRANIAN PEER COUNSELING HELPLINE

A Program of Cross Cultural Expressions

Free & Confidential

You are not alone! We are here to help you!

(818) 332-7999

Our Trained Farsi-speaking peer counselors can provide:

**Support with Family Issues
Support with Mental and Emotional Health
Information/Referral Services**

We provide specialized services and support for older adults and/or caregivers

If a peer counselor does not pick up, you can leave a message and your call will be returned within 24 hours, Monday through Friday. Please note, this is not a crisis line. If you are experiencing a life-threatening emergency, you should dial 911.

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