

# **EXPLORING MENTAL HEALTH THROUGH PERSIAN POETRY**

Join us as we examine the rich and healing art of Persian Poetry as it relates to our mental and emotional well being.

Moderator: Mojgan Moghadam Rahbar  
Mental Health Advisor: Mastaneh Moghadam, LCSW

## **THIS MONTHS TOPIC:**

### **AFFIRMING REFERENCES TO LGBTQ+ IDENTITY IN PERSIAN POETRY AND LITERATURE**

*With special guest speaker:*



#### **Dr. Houman Sarshar**

*Author, Scholar and LGBTQ+ Activist, Dr. Sarshar, holds a Ph.D. in comparative literature from Columbia University and is the founder of the Kimia Foundation.*

**Nighttime session:  
Thursday, May 12, 2022  
7pm to 9pm (PST)**

**Daytime session:  
Wednesday, May 25th, 2022  
10am to 12pm (PST)**

All sessions are virtual through Zoom!

**FREE ADMISSION WITH  
REGISTRATION!**

For more information or to register,  
Please call or email CCE at:  
(818) 860-1223  
[connectwithcce@gmail.com](mailto:connectwithcce@gmail.com)

This is a program of Cross Cultural Expressions in partnership with Los Angeles County Department of Mental Health



WELLNESS • RECOVERY • RESILIENCE



LOS ANGELES COUNTY  
DEPARTMENT OF  
MENTAL HEALTH  
*hope. recovery. wellbeing.*

